



OPTIMIZING OUTCOMES IN OSTEOPOROSIS:

Effective Strategies for Improving Risk Assessment, Diagnosis, and Treatment Selection

OSTEOPOROSIS TOOLS AND GUIDELINES

Guidelines and Algorithms

Camacho PM et al. American Association of Clinical Endocrinologists/American College of Endocrinology Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis – 2020 Update. *Endocr Pract.* 2020;26(suppl 1):1-47. doi:10.4158/GL-2020-0524SUPPL

[https://pro.aace.com/sites/default/files/2020-05/Vol%2026%20Supplement%201%20\(May%202020\)%20GL-2019-0524_0.pdf](https://pro.aace.com/sites/default/files/2020-05/Vol%2026%20Supplement%201%20(May%202020)%20GL-2019-0524_0.pdf)

OR

<https://www.sciencedirect.com/science/article/pii/S1530891X20428277>

Camacho PM et al. American Association of Clinical Endocrinologists/American College of Endocrinology Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis – 2020 Update Executive Summary. *Endocr Pract.* 2020;26:564-570. doi:10.4158/GL-2020-0524

[https://www.endocrinepractice.org/article/S1530-891X\(20\)35037-0/fulltext](https://www.endocrinepractice.org/article/S1530-891X(20)35037-0/fulltext)

International Society for Clinical Densitometry. 2019 ISCD Official Positions: adult. Accessed May 10, 2021.

<https://iscd.app.box.com/s/5r713cfzvf4gr28q7zdcg2i7169fv86>

Kanis JA et al. European guidance for the diagnosis and management of osteoporosis in postmenopausal women. *Osteoporos Int.* 2019;30:3-44. doi:10.1007/s00198-018-4704-5

<https://link.springer.com/article/10.1007%2Fs00198-018-4704-5>

Kanis JA et al. Algorithm for the management of patients at low, high and very high risk of osteoporotic fractures. *Osteoporos Int.* 2020;31:1-12. doi:10.1007/s00198-019-05176-3

<https://link.springer.com/article/10.1007%2Fs00198-019-05176-3>

Tools

FRAX®: Fracture Risk Assessment Tool

<https://www.sheffield.ac.uk/FRAX/>

Garvan Bone Fracture Risk Calculator

<https://www.garvan.org.au/bone-fracture-risk>

QFracture Osteoporosis Risk Calculator

<https://qfracture.org/>